RESPECT!

Student & Parent Handout

Respect: Treating people the way you want to be treated.

Overview: A respectful person treats people well. It's the best example of how they want to be treated. They are well-mannered, polite and considerate of others.

Respect offers the potential for making more friends and having better relationships. It also helps to create an environment of peace and harmony.

A person who respects them self aspires to be a better person through exercise, eating healthy, constantly learning, and doing the things they love.

Parent: A household based upon respect teaches children to value their parent's needs as well as their own. It teaches them healthy boundaries and to follow the rules set by parents. Respect encourages your children to get along with their siblings. It teaches them to respect the values that make up their family. It gives them the ability to honor themselves and others. Respect also builds character. A child who has self-respect will be goal oriented and aspire to be the best person they can be.

Student: Always show respect for others by:

- Using good manners
- Show your parents respect by following their rules and doing what they ask you to do right away with a good attitude.
- Respect your brothers and sisters by sharing, being kind to them, and by getting along.
- Respect your teachers by paying attention, learning, and always doing your best. Respect the community you live in by keeping it clean.
- ☐ Keep your promise
- Be polite Use "please" and "thank you"
- Be honest If you do something wrong, admit it and apologize.

These are some basic guidelines we came up with for academics. Parents may add to this or use their own guidelines with their child.

If your child has been showing respect throughout the session please sign off the respect section of the book. When this section is signed off we will give them a stripe for showing respect. If your child is having trouble following "respect", let us know and we will talk to them.